

Aputucxet Garden Club of Bourne

Peace in the Garden

Newsletter

October 2022



Autumn leaves don't fall they fly. They take their time and wander on this their only chance to soar.

Della Ownes

September 12 Day Meeting Report

After taking a Summer Break we had our first meeting; a big **Thank You** to Sue Barlow, Jan Browne, Louise Dawson, Mary Doo and Dorothy Haney for the wonderful refreshments. Another **Thank You** to Linda Wagner and Amy Fenton for the lovely flower arrangements following the theme "Last Breezes of Summer".

The program was Yankee Containers for Sun & Shade, Perennials, Native Plants, Herbs and Vegetables by Michele Schuckel.



Michele talked about Yankee Thrift as a focus on how to create great container gardens. In other words do not buy what you do not need, try to buy inexpensive which means looking to use over years, research what to buy, make sure you buy good quality and use mechanical things that are serviceable.

Michele talked about the eight practical reasons for using containers.

1. It gives you the opportunity to try something new before adding to the garden
2. It can draw pollinators depending on the plants chosen
3. It makes access easy especially for vegetables and herbs
4. It allows you the ability to grow something you might not otherwise choose (be creative, experimental)
5. You can hem in troublemakers
6. Bring long season texture/color/form to the container
7. Save money over time as you can move the perennials out into the garden
8. Containers can be moved or placed anywhere in the garden.

September 21 Evening Meeting Report

Thank You to Tea Chair Julie Arnold and committee members Patty Robidoux and Deanna Waldron for the wonderful food and flower arrangement based on the theme “Harvest Moon”. It is wonderful to see fall colors.

The evenings program by Bobbie Lingard a long time club member and a National Flower Show judge was The Pleasure of Flowers. Bobbie spoke about flowers and how they give pleasure, are abundant, are ephemeral. They help us express emotion at events (e.g. births, weddings), help us be creative and show artistic expression. They bring scent, color and texture to our lives and can be present in food for additional taste. Flowers also have healing powers, and some are medicinal. They have been know when given to hospitalized people to lower blood pressure and improve memory. Flowers have a language “floriography” and Bobbie reviewed some of the meanings based on flower type. The Japanese language of flowers is eloquently precise.

Bobbie created three lovely arrangements. She explained how we need to condition flowers before using. Flowers are shipped dry and on arrival the stems need to be cut to expose new cells (preferably done emerged in water), put into a container of water with plant food and left for 3-4 hours at room temperature to soak up the water.



To make a good design you need to use a variety of textures, forms and colors. Bobbie likes to say “It is a 3 day art! It is the joy of the moment!”

Garden Therapy 9/21/22 at CC Senior Residence

Thank you to Laura Bergeron, Marilyn Crane, Carolee Packard and Betsy Woodley for participating in creating colorful fall flower arrangements with the residents. Fun was had by all!





Briggs-McDermott House

Harvest Festival – Saturday October 1, 10:00 am to 4:00 pm

The Briggs-McDermott House is pleased to host their 18th old time Harvest Festival. Come and enjoy the lovely Victorian house, the working Alonzo Booth forge, and the Alan Green carriage house.

A good time is promised with:

food, crafts, games, live music, weaving, a country store, ice cream churning, cider pressing, a puppet show and much more!

\$5 per person Children under 6 Free

APTUCXET TRADING POST GARDENS

17th Century Garden: Fall Clean-up

Our Fall Clean-up is scheduled for **Saturday, October 15 @10 am**. We have several items which we would like complete and would like your ideas on a couple of areas. Please sign-up at a meeting or contact Dorothy Haney. 508 759 9613. We welcome your participation and input. Bring rakes, clippers etc. and ideas.



Yellow garden spider at Aptucxet Gardens



Yearbook Corrections

Please note the following corrections in your yearbook.

November 7, (Day Meeting) will be held at the Pocasset Community Building

- **Marcia Willmott's & Darlene Chickosky's updates are posted in the accompanying email**

Ladies, please accept my apologies!

- **Pat Nemeth**

Reducing Pollution From Your Septic System

Due to a bill spearheaded by Rep. Bill A. Schmid III of Westport with the support and lobbying efforts of Buzzard Bay Coalition the state has just made low interest loans available to homeowners upgrading to nitrogen reducing septic systems. For more information visit mass.gov website Title 5/Septic System: Financial Assistance Opportunities for System Owners.


Collect Natural Elements Now!!

Our club needs interesting items that you find in nature for our Green Sale. Things like pine cones, small and medium sized; twigs like red and yellow twig dogwood, acorn groupings; dried seed heads like poppy, daylily, iris; small shells. Anything that you could envision as part of wreaths, centerpieces or mugs.

Please bring to the October 19th evening meeting or get to Alda Barron or Judy Sheehy

Thank you!

Looking Ahead - AGC Month Events

<p>October 10 @ 12PM Day Meeting @ Bourne Methodist Church Members Only (No Guests)</p> 	<p>President” Day Lunch with AGC Hosting the GCFM President and 1st VP, the President’s of the other garden clubs in the Southwestern District and our past Presidents.</p> <p>Presentation by Judy Sheehy of corsages to the Club Presidents and photo</p> <p>Program: Decorating with Succulents, a Wreath and Pumpkin Demonstration, by Anna Holmes who owns Flowers by Anna</p> <p>Anna Holmes owns Flowers by Anna in Falmouth, MA . She is a recognized for her talent in floral design. Ms. Holmes is also chair of our Horticulture committee. Anna will demonstrate ideas on how to decorate with succulents. She’ll show us how to make a wreath and decorate a pumpkin. With this knowledge we can successfully create these living decoration for ourselves at home.</p>
<p>October 19 @ 10:30 Bourne Manor</p>	<p>Garden Therapy at Bourne Manor</p>
<p>October 19 @ 5:30 Evening Meeting @ Bourne Methodist Church</p>	<p>Program: Floral Design Workshop by Alda Barron & Judy Sheehy</p> <p>Our co-chairs of Artistic Design will teach this workshop. They will demonstrate techniques and tips for making wreaths, centerpieces, and mugs for our Green Sale. What you learn here can easily transfer to your own projects!</p>

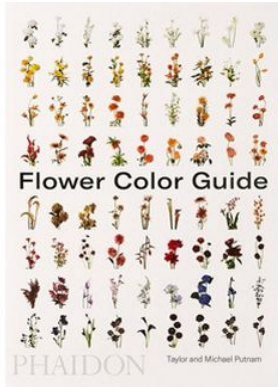
Other Events of Interest

<p>Xerces Society A Win-Win for Insects: Nature-Based Climate Solutions Address both Climate Change and Biodiversity Concerns October 6 Webinar 10PM-11AM</p>	<p>Join Executive Director, Scott Black, as we kick off our next webinar series: Threats and Solutions. With well over one million know species, insects and other invertebrates eclipse all other forms of life on Earth. They are essential to the reproduction of most flowering plants, including many fruits, vegetables, and nuts, they are food for birds, fish, and other animals; they filter water and help clean rivers and streams; and they clean up waste from plants and animals. Just four of the many insect services-dung burial, pest control, pollination, and wildlife nutrition-have an estimated annual value in the United States alone of at least \$70 billion.</p> <p>Scott will discuss how nature-based solutions can address some of these issues.</p>
<p>Xerces Society Considering OE and Other Threats to Migratory Western Monarchs October 10 Webinar 6PM-7PM</p>	<p>Join Emma Pelton, Senior Conservation Biologist with the Xerces Society, as she discusses threats to and conservation solutions for migratory western monarchs, including how the protozoan parasite OE may impact the population. This webinar is part of the conservation seminal series focused on monarchs which is hosted by UC-Santa Barbara.</p>
<p>Falmouth Garden Club Harvest House Tour October 8 10AM-3PM</p>	<p>Tour some of Falmouth’s quintessential homes decked out for the many occasions of fall by Falmouth Garden Club floral designers. From historic homes on the Village Green to beachfront classics, you will enjoy seeing these beautiful homes</p> <p>Appointed with stunning autumn floral arrangements, tables capes, mantle treatments and much more. Visit www.falmouthgardenclub.org for more information and to purchase tickets.</p>
<p>Heritage In Bloom Three Day Floral Design Event Heritage Museums and Gardens October 14, 15 & 16 10AM-5PM</p>	<p>Objects from the permanent collection will be uniquely showcased with over 30 designers from Cape Cod and Southeastern MA. interpreting the artwork in floral design. Several members from our club are included. Free with admission to Heritage. Enjoy this fun fall activity!</p>
<p>Town of Bourne Landfill Hazardous Waste Collection Day October 22 9AM-1PM</p>	<p>Household hazardous waste (HHW) collections protect our local drinking water. Most chemicals are too toxic to throw away in regular trash or dump down the drain, so free collections of paints (no latex or acrylic), yard chemicals, cleaners and chemicals, auto and boat fluids. For additional information visit the Town of Bourne Waste Management website.</p>



Book Review Corner

By: **Cheryl Hafela**



Flower Color Guide is an encyclopedic book; a cut flower guide of 400 species organized by color. More than anything else, color is how people instinctively think about flowers. It celebrates the individual flower while at the same time inspiring readers to experiment with myriad floral combinations. This book presents accessible information on color, seasonal availability, and floral features, and helps users to incorporate a variety of differently shaped and sized flowers to create stunning arrangements. It is an essential tool for flower selection and arrangement and a primer to understanding and appreciating flowers and color.

With beautiful photography and helpful information about flower care, seasonality, and sustainability, *Flower Color Guide* is ideal for all -from professional florists and event planners to anyone with a passion for plants, flower arranging and a fascination with color in all its combinations.



Here is some information on the two authors, Darroch who has studied photography and Michael an interior design student from Fashion Institute of Technology started Putnam & Putnam a floral design company located in New York City. Michael, after graduating from F.I.T. realized his profession was not tactile enough and as a hobby started arranging flowers. Darroch photographed these arrangements as still life and posted them on Instagram People quickly took notice. They have published additional books: *Flower Color Therapy*, *Flower Color Theory* and *Rainbow in Bloom*. They now host the Putnam Flower Channel.



Interesting Plant Facts: Fall Garden Clean-Up

Be the change!

Xerces Society webinar Habitat for Pollinators - Success, Next Steps, Ready for Winter Confirmation was perfect for helping us gardeners determine the best fall clean up to protect pollinating insects. These beneficial insects include butterflies, moths, flies, beetles and bees. Bees are the insects that move the most pollen. Bees are ground nesters, and either use abandoned nests in stumps and logs, use stem tunnels or nest right in the ground. 70% of bees are ground nesters. Therefore to help these insects we need to “Save the Stems” and “Leave the Leaves”.

To save the stems, 30% of native bees nest here, we need to leave the flower stalks (dead flower heads can be left until the spring as some birds will continue to eat the seeds) or prune the flowers off and leave the stems only. This is a personal preference. The stems should be different heights from 8”-14”. There is no need to clean up the stems in spring as they will naturally break down. Plant species with a hollow or soft pith stem. Examples include: Hyssop, purple coneflower, sunflower, bee balm, goldenrod, aster, raspberry or other brambles, sumac and elderberry.

To leave the leaves this also includes logs, limbs and stumps. Boring beetles create holes for the bees. Bumble bees 1% nest in these holes. The decomposing leaves provide over winter habitat and shelter for butterflies, bees, moths and beetles. Some leaves are better than none. Pile the leaves into garden beds making sure you do not cover existing plants. Do not shred, mow or chop the leaves as it will kill any larvae or small insects. Leaving the leaves improves soil health as it is nutrient recycling and helps control pests.

Now is a great time to plant asters, goldenrod or blazing star for fuel for migration.



UMass 2023 Garden Calendar is Now Available:

The 2023 calendar features Gardens, Landscapes, Carbon & Climate Change. The calendar continues UMass Extension’s tradition of providing gardeners with useful practical information. Many people also love the daily tips and find the daily sunrise/sunset times highly useful.

As always each month features, an inspiring garden image, daily gardening tips for Northeast growing, daily sunrise and sunset times, phases of the moon, plenty of room for notes and low gloss paper for easy writing.

COST: \$14.50, with special pricing available on orders of 10 copies or more.

Shipping is FREE on orders of 9 or fewer calendars - **FREE SHIPPING ENDS NOV 1!**

Proceeds from sales of the Garden Calendar benefit the work of UMass Extension’s educational programs.



2022 Caring & Sharing

It is that time of year to think of **Caring & Sharing**. One of our wonderful Bourne traditions is here again. The Friends of the Jonathan Bourne Public Library are pleased to host this silent auction. We are happy to report that the auction will be back in the Library!

Your donations decorate the Library; and bidding on the items is all part of the holiday fun. Your donations benefit the charity of your choice. Together we unite our community in helping those who are less fortunate.

Every year members of the club make beautiful donations for Caring & Sharing. The talent of these handmade items is always amazing. Please plan to donate again to this wonderful auction. And then plan to come and shop for holiday gifts!

Contact Pat Nemeth for a copy of the donation form and for all the details on the program. You can reach her at pat.nemeth@homail.com

Donations may be delivered to the Library on November 4 (1:00-4:00 pm) or on November 5 (9:00 am to noon). The auction ends on the evening of our Holiday Greens Sale, December 2 at 5:00 pm.

Many thanks in advance for your generosity and help!



Message from the President

Dear Fellow Gardeners,

September got off to a great start when over 30 members headed out on a rainy day for our first meeting of the year. As we "made it work" in the little building at the Aptucxet Trading Post, I was once again reminded of how hard working and resourceful our members are.

We are little like Mother Nature. We rebound as best as we can. After weeks of a hot early September, our gardens seemed to shrink away from the heat. But now as we enter fall, life surges forward again.

This rose covered by raindrops in my backyard, is a good example at Mother Nature at her best! I love the way my roses bloom until the first frost.

Now we welcome the fall. Soon we will see the leaves turn. I look forward to enjoying the next month with all of you. Between meetings, workshops, garden therapy, and harvest festivals we will have many wonderful opportunities to see friends and do good.

- Pat Nemeth

The Aptucxet Garden Club of Bourne is a member of the Southeastern District of the Garden Club Federation of Massachusetts, the New England Garden Clubs and the National Garden Clubs, Inc.

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Visit the Aptucxet Garden Club Website www.aptucxetgardenclub.com