



Aputucxet Garden Club of Bourne

Peace in the Garden

Newsletter

September 2022



If you've never experienced the joy of accomplishing more than you can imagine, plant a garden.
-Robert Brault

June Annual Meeting

Over fifty members attended the Annual Meeting on June 8th at the Pocasset Golf Club for installation of the new officers and awards ceremonies.

Thank You Sally Baer, Bobbie Dwyer and Paula O'Neil for organizing the evening that included appetizers, dinner and a cash bar. **Thank You** Paula O'Neil for organizing on every table a lovely flower centerpiece. **Thank You** to Sally Baer, Marilyn Crane, Anna Holmes, Paula O'Neil, Kathy Sargent-O'Neill, Julie Saunders, Marcia Willmott and Jane Urso for creating the artistic flower centerpieces.



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Centerpiece Photos by Mary Doo

President Sally Baer opened the meeting by announcing the new members who have joined this year. It is wonderful to have so many new members joining the club. First order of business was approval of the annual report that was provided as a handout at each place setting. The annual report was approved by Nancy Selcan, seconded by Nancy Buckley and unanimously approved by the attending members. **Thank You** To Kathy Sargent-O'Neill for preparing the Annual Report.

Next on the agenda; Sally thanked the outgoing board for their hard work over the past two challenging years. Then it was time for Sally to present the awards.

- Kathy Sargent-O'Neill was presented with the XI.A award for publication from the National Garden Club. Kathy kept the members informed of all the Garden Club news, happenings and activities.
- Pat Nemeth received the 2021 Margaret K Bell Newsletter Award for an extraordinary newsletter. Pat also received the coveted Floribunda Award.
- Alda Barron received the Cinder Goldberg Award for the most outstanding floral design award. This is a wonderful honor as she won over all the National Garden Club Recipients.



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Sally then turned the meeting over to Judy Sheehy for the installation of the new officers. Judy started with thanking the outgoing board and committee heads. The introduction of the new committee chairs followed with the new leaders standing in place. Next, Judy Sheehy announced the new board officers.



New Board Members Marcia Willmott, corresponding secretary; Nora Grant, recording secretary; Nancy Selchan, first vice president; Jan Rogers, second vice president; Susan Dmochowski, third vice president; Pat Nemeth, president and Judy Sheehy, presenter

Cheryl Keown, treasurer unable to attend

Photo by Mary Doo

Please Help Me!!

One of my duties as Corresponding Secretary of AGC is to send messages and cards that express the club's support and well wishes during difficult times. This is only possible if you can all keep me abreast of such occurrences within our AGC family! These might include hospitalizations, operations, illnesses or a death in a member's immediate family.

If any one of you becomes aware of such a need, it would be much appreciated if you could inform me by way of an email, text or phone call. Thank you in advance!

Marcia Willmott.

In Memory of Sally Zeghibe



In Memory of Sally Zeghibe

Sally Zeghibe was member of AGC for 18 years. She loved floral design and won many awards for her creations. Sally passed away in the spring of 2021. Her memory lives on in the club through her many dear friends. Sally's son Doug has donated \$500 to the club, intended for programs in memory of his Mom, and for "the hospitality that fosters friendship."

Many thanks to Doug Zeghibe!



Opening Briggs-McDermot House

The Bourne Society for Historic Preservation hosted the opening of the Briggs-McDermont House on June 17th with a lecture “Stepping Back Into Victorian Times” at the Jonathan Bourne Library. The garden club maintains two gardens, a flower ornamental garden and kitchen herb garden. About 20 people attended.

Pat Nemeth, chair of Kitchen Herb Garden, gave us the history of the house and times including what herbs and plants were planted at that time. Herbs were planted for cooking, medicinal uses and to deter insects from entering the house. Laurie York developed the kitchen garden as part of AGC work to help restore the house in the 1980’s. Laurie attended the lecture and shared an interesting fact; Patch would have been used for this small garden at the back of the kitchen door.

Kathy Sargent-O’Neill, chair of the Ornamental Garden, spoke about the history of the ornamental garden and what plants were from that time period. Moving forward the garden plantings will be changed to native pollinator plants.

Resources:

A Potpourri of Herb Gardening by Laurie York 2018

Ancient Herbs by J Paul Getty Museum 1982

Flowers Herbs of Early America by Lawrence Griffin

The Victorian Kitchen Garden by Jennifer Davies 1988



Peace In the Garden

Board and Chair Leaders Retreat was held on June 22. The discussion included plans for the upcoming years activities, budget and events. The new President's theme is "Peace in the Garden".

The new schedule will be as follows:

- Returning to pre Covid meetings of twice a month day meetings and afternoon/evening meetings,
- Winter months will have one joint meeting,
- Based on membership Interest survey results; workshops will be offered through out the year,
- See Yearbook for program/workshop details and
- Meetings will be confirmed in advance via Newsletter and email blasts.

Celebrating Summer with Books and Blooms

In August, The Bourne Preservation Society, the Jonathan Bourne Public Library, and the Aptucxet Garden Club of Bourne members hosted books and blooms and the Briggs-McDermot House. Carolee Packard planned and organized the event. Members created themed Floral Arrangements based on books throughout the house. The arrangements were a beautiful "victorian" compliment to the house. A huge [Thank You](#) to all the flower designers.....fabulous!

Dining Room theme: Old China

Flowers Arranged By Julie Saunders



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Parlor theme: Roses

Flowers Arranged by Alda Barron and Gloria Grammons



(Photos by Mary Doo and Betsy Woodley)

Music Room theme: Ships, water

Flowers arranged by Paula O'Neil



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Kitchen Theme: Garden Flowers and Herbs
Flowers arranged by Marilyn Crane



(Photos by May Doo)

Hall/Welcoming Theme: Small Welcoming Arrangement
Flowers arranged by Karen Cronberg



(Photos by Mary Doo)

Forge had homegrown Flowers and Produce

Provided by Carolee Packard, Betsy Woodley and Paula O'Neil



A NGC Design Specialty Flower Show

CAPE LEGENDS

Seven very talented AGC members presented floral designs in the Cape Legends Flower Show at the heritage Gardens in July. All AGC entries won a ribbon!





Compliments go to:
Alda Barron,
Darlene Chickosky,
Gloria Gammons,
Bobbie Lingard,
Isabel Melo,
Carolee Packard,
and Judy Sheehy.



Abundance of Our Gardens

Thanks to Carolee Packard and Paula O'Neil who presented a very successful program sponsored by the Aptucxet Garden Club at the Community Building Connection Cafe for dementia elders and their caregivers on August 1st.

It was on "Abundance of Our Gardens" about vegetables and meal preparation. Carolee concentrated on using the local, abundant vegetables and herbs, prepping meals and how to use your refrigerator freezer to store the abundance we have at this time of year. Not only was nutrition involved but the using of sustainable containers, saving time and space in your freezer.



Paula and Carolee handed out numbers for those there to win various gifts (boxes with fresh squash, green beans, herbs, etc). Paula made a lovely arrangement incorporating vegetables, flowers and herbs!

Caregivers were not ignored and received many helpful hints. Fellowship and knowledge were the true gifts of the afternoon!

Food Waste Collection Program

The Town of Bourne, Department of Integrated Solid Waste Management (ISWM) is pleased to announce the commencement of its residential food waste collection program. Beginning on **Monday, August 1, 2022**, residents and property owners who have a sticker to access the residential recycling center on MacArthur Boulevard will be able to bring food waste and scraps that will be collected in separate carts located by the guard shack.

Residents participating in the program will need to follow strict requirements to ensure that contamination is not put into the carts.

To participate in the program, residents should check in at the guard shack at the residential recycling center to receive a guide on what to collect and what contamination to avoid. While supplies last, ISWM staff will provide a starter roll of compostable bags to all who check in at the guard shack. For more information check out the ISWM page.

For more information about the new program go to the town of Bourne website.

<https://www.townofbourne.com/home/news/bourne-announces-residential-food-waste-collection>



AGC Member Wins Blue Ribbon

Congratulations Judy Sheehy for winning a Blue Ribbon at the 2022 Marshfield Fair in the Ruth Bader Ginsburg Class 3 Miniature Design Show "Women are being in all the places where decisions are being made".

The category is a petite design; 9 inches, predominately black and white. Exhibitors choice of style.



Looking Ahead - AGC Month Events

<p>September 12 @ 12PM (Social) Day Meeting@ 12:30 Aptucxet Trading Post (Bring a chair)</p> 	<p>Program: Yankee Containers For Sun & Shade, Perennials, Native Plants, Herbs and Vegetables, by Michele Schuckel</p> <p>Our speaker; Michele Schuckel is the owner of Natural Selections, a design firm dedicated to the use of native plants. Ms. Schuckel will demonstrate using Yankee containers for planting sun and shade plants. Using seasonal combinations of perennials, native plants, and vegetables, she will demonstrate filling three containers that can last multiple seasons. The three demonstration containers will be raffled at the end of the meeting.</p>
<p>September 17 10AM-2PM Pocasset Community Center</p>	<p>Member Perennial Plant Swap Sale – Donation Fund Raiser Saturday 10:00 am to 12:00 pm</p> <p>Each member is invited to bring 3 perennials to this swap. There is a \$10 entrance fee. Members to drop off labeled plants at 9:30. Light refreshments, shopping and swapping from 10-12. Bring guests as well!</p> <p>More detail to follow by KSO email blast.</p>
<p>September 21 @ 3:00 Location TBD</p>	<p>Garden Therapy Cape Cod Senior Residences (Royal)</p>
<p>September 21 @ 5:30 (Social) Evening Meeting @ 6:00 Bourne United Methodist</p> <p>Thoroughly Modern by Bobbie Lingered</p> 	<p>Program: The Pleasure of Flowers, by Bobbie Lingard</p> <p>When we grow garden flowers or purchase them, their beauty, scent, color, and structure bring enjoyment, and offer interest and amazement when they are used in floral arrangements. Bobbie Lingered will present a diverse group of floral arrangements to bring you pleasure. Bobbie has been a member of the AGC since 1998. She is a National Flower Show Judge. Bobbie won 2nd place at the Royal Horticultural Flowers Show 2009 for her Thoroughly Modern five-foot tall flower arrangement.</p>

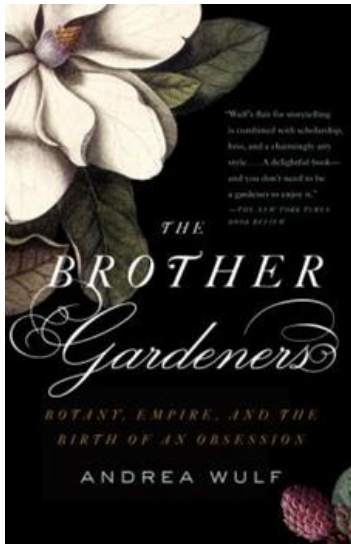
Other Events of Interest

<p>Xerces Society Habitat for Pollinators- Success, Next Steps, ready for Winter September 20 12PM-1PM Webinar</p>	<p>Join Stephanie Frischie, Agronomist and Native Plant Materials Specialist with the Xerces Society, for this Women4theLand Conservation Conversation via Zoom.</p> <p>Mid-September can feel like summer or like fall from one day to another. At this learning circle, the panelists will talk about what happened in your pollinator habitat over the summer. They'll also talk about what is blooming this time of year, which pollinators and insects are active, and what will happen to them in a few months when winter sets in. Join them to learn about providing overwintering habitat and some good books to add to winter reading list</p>
<p>Xerces Society Bring Back the Pollinators: Providing Nesting Habitat for Bees September 29 10AM-11AM Webinar</p>	<p>The availability of nesting habitat is a critical yet often overlooked factor impacting native bee populations.</p> <p>In this webinar, Xerces Biologists, Leif Richardson and Sarah Foltz Jordan, will summarize nesting biology of major groups of bees, including leaf-cutter bees, mining bees, bumble bees, and many more. They will also offer numerous practical approaches to creating and managing nesting habitat features. Approaches are relevant to landscapers, farmers, gardeners, natural resource professionals, and anyone interested in taking the next step in supporting pollinators. Community science opportunities will also be discussed.</p> <p>This is the fourth webinar in the four-part series Bring Back the Pollinators.</p>



Book Review Corner

By: Cheryl Hafela



This is a fascinating story of a small group of eighteenth-century naturalists who made Britain a nation of gardeners and the epicenter of horticultural and botanical expertise. It's the story of a garden revolution that began in America.

In 1733 the American farmer John Bartram dispatched two boxes of plants and seeds from the American colonies, addressed to the London cloth merchant Peter Collinson. Most of these plants had never before been grown in British soil, but in time the magnificent and colorful American trees, evergreens, and shrubs would transform the English landscape and garden forever. The Brother Gardeners follow the lives of six men whose shared passion for plants gave rise to the English love affair with gardens. In addition to Collinson and Bartram, who forged an extraordinary friendship, here are Philip Miller, the author of the best-selling *Gardeners Dictionary*; the Swedish botanist Carl Linnaeus, whose standardized nomenclature helped bring botany to the middle classes; Joseph Banks and Daniel Solander, who explored the strange flora of Brazil, Tahiti, New Zealand, and Australia on the greatest voyage of discovery of their time, aboard Captain Cook's *Endeavour*.

The Brother Gardeners paints a vivid portrait of an emerging world of knowledge and of gardening as we know it today. It is a delightful and beautifully told narrative history.

Andrea Wulf is a German-British historian and writer who has written books, newspaper articles and book reviews. Wulf was born in New Delhi, India where she spent the first few years of her life, then grew up in Hamburg. She studied first at the University of Luneberg, and then design history at The Royal College of Set London. Wuhl is a public speaker too.

The book *The Brother Gardeners* was long-listed for the Samuel Johnson prize and received a CBHL Annual Literature Award.



Interesting Plant Facts:



The sunflower (*Helianthus annuus*) is native to North America and was first grown as a crop by indigenous tribes over 4,500 years ago. The American Indian was the first to domesticate the plant to a single headed plant with a variety of seed colors including black, white, red and black/white striped.

It is an annual plant with a large daisy-like flower face. Its scientific name comes from the Greek words *helios* ("sun") and *anthos* ("flower"). The flowers come in many colors (yellow, red, orange, maroon, brown), but they are commonly bright yellow with brown centers that ripen into heavy heads filled with seeds.

Sunflowers are heliotropic, which means that they turn their flowers to follow the movement of the Sun across the sky east to west, and then return at night to face the east, ready again for the morning sun. Heliotropism happens during the earlier stages before the flower grows heavy with seeds. There are tons of varieties of sunflowers available today, so there's bound to be one that fits your garden. Choose between those with branching stems or single stems, those that produce ample pollen for pollinators or are pollen-free (best for bouquets), those that stay small or tower above the rest of the garden, or those that produce edible seeds!

A fairly fast-growing flower for their size, most sunflower varieties mature in only 80 to 95 days. The largest sunflower varieties grow to over 16 feet in height, while smaller varieties have been developed for small spaces and containers and rarely grow larger than a foot tall! The flower heads can reach over 12 inches in diameter within the large seeded varieties.



Collect Natural Elements Now!!

Our club will be focusing more on natural materials (not as many plastic balls) when we make our wreaths and centerpieces for our Greens Sale. Please keep your eyes out for interesting shells, pinecones, branches with cones, red twig dogwood, magnolia leaves, etc. Also notice where there are different types of evergreens to clip when the time comes!

Bring your findings to the September meetings. Thank you!

**Floral Design Opportunities Abound in
October**

Art Blooms at Heritage Museums & Gardens

October 14, 15, and 16

Be one of the designers in this colorful event. You will be inspired by objects from Heritage's own collection. When you enter, you receive a picture of the artwork that will be assigned to you. **DESIGNS WILL NOT BE JUDGED, JUST ENJOYED!!**

To enter, send your name, email and phone number to Christine Decas at chrisdecas@comcast.net. For further information and *encouragement* contact Judy Sheehy or Alda Barron!

OR

Plymouth Center for the Arts

Plymouth Center for the Arts has a wonderful juried art show and art in bloom as well as a non-judged (AGC has participated) Art in Bloom. Will be held October 14, 14, & 16 too! There is no entry fee and it is open to the public.



Message from the President

Dear Fellow Gardeners,

*My theme for the year is **Peace in the Garden**. These words stand for those quiet moments when we focus only on the garden in front of us. Here, the world goes still. And after a few minutes, you can really hear the birds talking in the trees.*

We are a club of gifted individuals, with many interests. Together we complement each other's skills; and together we do good work for our community.

I for one am a "dirt digger." As I work in my garden, I find myself at peace. I lose track of time. And no matter what I am doing, I always feel a sense of satisfaction when I am done.

***Peace in the Garden** also has a larger message. We have war in the world, and war with the weather. Surely, mankind can do better. So let us begin simply, here at home, in our time spent together. Through our community work, our on-going commitment to learning, and the friendships that we share, may you find peace and joy in AGC.*

- Pat Nemeth

The Aptucxet Garden Club of Bourne is a member of the Southeastern District of the Garden Club Federation of Massachusetts, the New England Garden Clubs and the National Garden Clubs, Inc.

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