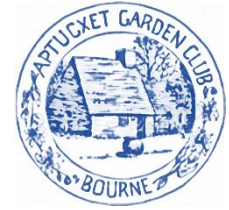


Aptucxet Garden Club of Bourne



Stewards of the Earth

Monthly Newsletter October 2021



Look at a tree, a flower, a plant. Let your awareness rest upon it. How still they are, how deeply rooted in BEING. Allow nature to teach you stillness.
- Eckhart Tolle



Over forty members gathered on the lawn of the Aptucxet Trading Post for a lovely “last of summer” evening meeting. The agenda was packed. The members unanimously voted to approve the 2021-2022 Budget presented by Lavernne Newman. They heard program updates from Susan Dmochowski and Nancy Selchan. Jayne Urso gave a horticulture presentation on “Saving Seeds” and gave away seeds from her own garden.

The Hospitality Committee presented the members with a light meal of sandwiches, drinks and deserts. Many thanks go to Linda Wagner, Amy Fenton, Dorothy Haney, Barbara Fallon, Deana Waldron and Pat Nemeth. It was a delight to be outside, see old friends, and feel the breeze come up off of the canal.

Bobbie Lingard and Judy Sheehy presented “A Design Program in Memory of Sally Zeghibe”. See the next page for details.

September Meeting – “A Design Program in Memory of Sally Zeghibe



Long time club member and floral designer extraordinaire, [Bobbie Lingard](#), demonstrated the art of Tatami weaving using Midollino reeds. The woven reeds become a strong structure that she used to build three beautiful designs. Laurie York won the raffle for one of those floral arrangements.

Alda Barron and Judy Sheehy shared with Sally Zeghibe a love of making flower arrangements. In her honor they prepared three floral designs. Bobbie discussed the design merits of each, using the Principles of Design for Flower Shows. She judged each to have been very well done! Both of Alda’s pieces capture a sense of “quiet” in the garden. Judy’s piece takes you on to the ice and “twirls you” as if you are the skater. Congratulations ladies on your beautiful work; and thank you for the memories of Sally.



In Sally's Garden
By [Alda Barron](#)

Basil, Cana, Coleus, Dusty Miller,
Flax & Sweet Potato



The Silent Garden
By [Alda Barron](#)



Aspidistra, Fern, Helleborus,
Hosta & Leucothoe



Sally's Skating World
By [Judy Sheehy](#)

Cymbidium Orchids

Looking Ahead - AGC October Events

<p>October 6 Jan Roger's Home</p>	<p>Bow Making Workshop 9:30 AM – 12:00 Pm</p>
<p>October 18 Aptucxet Trading Post</p>  	<p>Day Meeting 12:00 Social, 12:45 Meeting</p> <p>Artistic Design: Ikebana Horticulture – Getting Young Children Interested in Gardening</p> <p>Program: What's not to love about Succulents? Katheryn Tracy from Avant Gardens in Dartmouth will present fresh ideas on how to use succulents in the garden and in arrangements. She will demonstrate how to adorn a pumpkin with succulents for a long-lasting autumn centerpiece.</p> <p>Hospitality Chair: Lee Drugan ... Committee: Julie Arnold, Karen Cronburg, Cheryle Keown and Emile Martin</p> <p>Ways & Means Members can pre-order Holiday Greens of lighted boxwood trees and evergreen wreaths, with your choice of bow. Pre-order forms will be available at the meeting.</p>
<p>October 20 Bourne Manor</p>	<p>Garden Therapy 10:00 AM</p>
<p>Date, Time & Location TBD</p>	<p>Ikebana Workshop Sign up required.</p>

The Flower Show Corner – AGC's Container Horticulture Show



Fern in a 10" pot

*The theme of our show will be **Winter Delight!***

Get ready! AGC will be holding a small horticulture flower show this winter. Watch this column for updates and tips on entering the show. The schedule for the show will be discussed at our October meeting. Club members are urged to participate, as a volunteer or with a submittal of a potted plant.

The preliminary schedule has 4 classes to participate in:

- ✚ Class 1: Ferns,
- ✚ Class 2: Succulents,
- ✚ Class 3: Grown for Foliage, and
- ✚ Class 4: Any Other Worthy Specimen.

Tip: Your potted plant is limited to 10" in diameter and must be in your possession by November 1st. More tips to follow in this column.

More to come on container plants at the October meeting. Learn more and come join us for this fun show!

Hydrangea Wreath Workshop



Bobby Dwyer hosted the workshop in her backyard. Club members brought hydrangeas from their gardens; and Sally Baer taught them how to make their wreaths. Everyone had a good time and went home with a lovely wreath

Ways and Means News



Holiday Scholarship “Opportunity” Drawing

Light the light of learning! Let AGC deck your halls this holiday season and support our scholarship program! The program is open to graduating Bourne high school students who plan to continue their education in a number of related fields in environmental studies, along with AGC members who plan enroll in garden and floral design classes. We provide the “opportunity” for learning!

Purchase a \$10 “Opportunity” ticket and get 3 chances to win a collection of custom-made fresh evergreen decorations, valued at more than \$125. Winners will receive: a wreath or green swag, a lighted tabletop boxwood tree, a custom-made centerpiece, and a holiday mug filled with greens and adornments. Amazing!

Please support this fund raiser by purchasing and selling tickets. Tickets will be available at our October 18, meeting. Drawing will be held Nov 15. Two winners will be chosen and will be notified by phone, text, or email.



Caring & Sharing 2021

Winston Churchill said, “*We make a life by what we give.*” Last year’s Caring & Sharing auction raised over \$3,000 to benefit 19 charities.

You are invited to be a donor! Donations range from tabletop trees to children’s toys, and many creative handmade gifts. Please email pat.nemeth@hotmail.com to receive the details.

Donations will be received from November 8 to 23. The auction will be held online at **32 Auctions** from November 29 to December 8. Drop off and pickup of the items will be on Saturday December 11 at the Library.

Caring & Sharing is sponsored by the Friends of the Jonathan Bourne Public Library.

Art In Bloom – October 8-11

Plymouth Center for the Arts

11 North Street, Plymouth



54th Annual Art Show & Festival

The Art In Bloom show has over twenty floral displays submitted by five local garden clubs. Come and see the floral interpretations of the art; and especially enjoy the ones done by our own club members.

The exhibit is open on Friday and Saturday from 10 am to 4 pm, and on Sunday from 1 to 4 pm. Admission is free.

Recycling for St. Jude's



Bobbie Dwyer was totally thrilled with the amazing amount of aluminum pop top tabs brought in by club members! These tabs will go to the Shriners who recycle them into cash for St. Jude's. What a nice way to help families frightened when a child has cancer. Many thanks to all the members who collect the tabs!

Bourne Society for Historical Preservation

THANK YOU!

A special "Thank You" to AGC was featured in the annual newsletter of the BSHP. AGC was thanked for all their work on the gardens at the Briggs-McDermott House. In addition, AGC was thanked for their donation to help rebuild the forms for the garden beds at the Valley Farm Community Gardens in Pocasset.

LIBRARY BOOK SALE!



This is a quick reminder! Book donations will be received at the Jonathan Bourne Public Library on October 2, from 9:00 am to noon, and on October 3 from 1:00 to 3:00 pm. The Book Sale is on October 9 from 10:00 am to 3:00 pm. Your donations and purchases help fund free programs at the library. Many Thanks!

Did You Know?

What flower does saffron come from?

Saffron has long been the world's costliest spice by weight. The spice comes from a small blue crocus, that blooms briefly in the fall. Each flower has three red stigmas or threads. Once a flower blooms, it must be harvested by hand the same day. The threads are then dried. It takes up to 50,000 flowers to yield one pound of saffron!



Crocus sativus

Crocus sativus is a perennial plant that is descendant from wild saffron. Saffron in the wild originated in Crete or central Asia. By 1500 BC, the Minoans portrayed the use of saffron as a therapeutic herb in their palace frescoes. Today almost all *Crocus sativus* grows in a belt from Spain to Kashmir.

Saffron is used in recipes ranging from a Spanish risotto to a New Orleans paella, to a variety of curries and to a classic French bouillabaisse. It can even be used in desserts. Although expensive, a little goes a long way. For most dishes, you only need 1-3 saffron threads to get the desired effect.



Harvest in Iran, photo by S. Daneshvar

Saffron has been nicknamed the "sunshine spice", both for its color and its taste.

The Glitter In The Green – Brief Photographic Overview



Bee Hum., 2" L, Cuba, smallest bird in the world



Rufous-crested coquette Hum., 2.8" L, Pacific S. America



Rufous Hum., 3" L, longest migration, Alaska to Mexico



Nazca Hummingbird Rock Art , Peru, 320 ft long, carved ~ 500 BC



White-eared Hum., 4" L, forests of Mexico



Magnificent Hum., 5.5" L, Arizona & Mexico

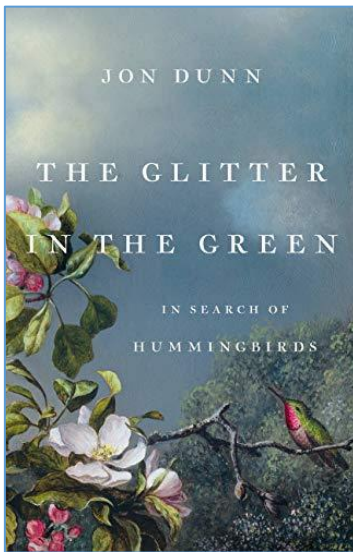


Giant Hum., 9" L, Andes mountains, largest hummingbird



Book Review Corner
The Glitter in the Green

By: Jon Dunn



Published April 2021



Jon Dunn

Hummingbirds! What joy the little ruby-throated birds bring to our New England gardens. Worldwide there are over 330 types of hummingbirds. Wildlife photographer Jon Dunn takes you on his journey to follow them from Alaska to the tip of South America.

For centuries, hummingbirds have been revered by indigenous Americans, coveted by European collectors, and admired worldwide for their unsurpassed metallic plumage and majestic flying skills. Yet they exist on a knife-edge, fighting for survival in boreal woodlands, dripping cloud forests, and subpolar islands.

The book will introduce you to many amazing hummingbirds, where they live and the challenges they face to survive. But it does much more than that. Mr. Dunn takes us into the history of the bird. You'll learn how the Aztecs made the hummingbird a god of war. And you'll learn how the author of the James Bond books was himself a devoted birder and introduces hummingbird lore into many of his 007 books. What fun!

There are some moments of sadness in this book. One example is the black-market trade in dead hummingbirds. These birds are sold as "love potions". Called "chuparasos" these amulets have a long ancient history in Mexico. There is even a famous Frida Kahlo painting where she wears one on a necklace of thorns. Personally, I rather have a silver or gold charm!

And of course, no journey on hummingbirds would be complete without visiting the famous Nazca rock etching of a Hermit hummingbird in Peru. Here in the Andean desert a hummingbird native to the rain forest was carved, perhaps as a prayer for rain. To think that this image is only visible from 1000 feet up in the sky!

I thoroughly enjoyed this book! It is available through the Jonathan Bourne Public Library. You can also see a preview of the book on YouTube. I give the book 5 stars! - Pat Nemeth

Interesting Plant Facts: Rare Blue Poppies



Meconopsis grandis

For many years, people outside of Asia believed that blue poppies were nothing more than a myth. After all, blue is one of the rarest colors for flowers, appearing in less than 10% of blooming plants.

But blue poppies are real and grace the hillsides of the Himalayas. They include the deep azure of *Meconopsis grandis*, the paler baby blue of *M. baileyi*, *betonicifolia*, and *M. gakyidiana*. Although this perennial is short-lived; its color is magnificent! In Tibet, its color is associated with purity and healing.

Their translucent petals often nod down from slightly prickly stems. It likes shade, cool weather and grows in our zone. It grows in clumps, 3-4 feet wide. It is deer and bunny resistive.

Frank Kingdon-Ward, one of the premier plant-hunters of the 20th century, made 25 trips to the Himalayas to collect the first viable blue poppy seeds. These plants are reportedly difficult to grow from seeds, so you may want to buy a plant in flower.



Message from the President

Ladies,

What a beautiful weather we are having! What a wonderful time of the year to be outside and enjoying our gardens! I am busy in my garden, moving things around and potting up plants up for next spring. Fall is a great time to move things, with our good rain and our cool nights. Save the pruning until March, except for your Rose of Sharon, which will need deadheading to avoid seedlings.

Recently I made a trip to Avant Gardens, where our next speaker hails from. What a marvelous small specialty nursery! I spoiled myself with some new dwarf evergreens.

I am very excited about the upcoming meetings and all the great workshops that Jan, Sue, and Nancy have planned for us. There will so many fun opportunities to spend time with friends and fulfill your membership requirements. So please watch for the eblasts and check the newsletters for logistical updates.

I look forward to seeing you all at our next meeting. Happy gardening!

- Sally Baer

The Aptucket Garden Club of Bourne is a member of the Southeastern District of the Garden Club Federation of Massachusetts, the New England Garden Clubs and the National Garden Clubs, Inc.

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Visit the Aptucket Garden Club Website www.aptucketgardenclub.com