



# Aptucket Garden Club of Bourne

## Stewards of the Earth

Monthly Newsletter

September 2021



*In a cool solitude of trees, where  
leaves and birds a music spin, mind  
that was weary is at ease, new  
rhythms in the soul begin.*

- William Kean Seymour

### AGC Annual Picnic



In June, thirty members gathered for the year end annual meeting. Sally Baer hosted the gathering at her home. The weather was wonderful and we had the pleasure of enjoying her beautiful garden. Sally reviewed the year end report and presented a number of lovely flower arrangement awards. She gave special thanks to all the members of the Board for their work; and the club gave Sally a round of appaluse for her leadership! It was such a joy to be able to gather again, without masks, and see so many dear friends.

Sally's dog Tula joined the party and helped us celebrate being Stewards of the Earth. Sadly Tula passed away this summer. Our condolences to her Mama.



### The Prestigious Floribunda Award

The 2021 AGC Floribunda Award was presented to Bobbie Dwyer at the Annual Picnic. This prestigious award is the highest honor given by the club. It is given to recognize the valuable service provided by the member to the club. Bobby was surprised and thrilled with the honor!



*Bobbie Dwyer and Sally Baer*

Sally wrote a lovely testimonial to Bobby. She mentioned that Bobby is always one of the first people to welcome new club members. Her smile is contagious, and she brings joy to every assignment.

Bobby has held many positions in the club over the years, including Co-Chairing Ways and Means with Sally and being the Co-President with Kathy Sargent-O'Neill from 2014-2016. Bobby currently serves as the Chair of Conservation and Recycling.

*Congratulations!*

**The Aptuxet Garden Club is pleased to honor Bobbie Dwyer!**

### Garden Club Members in the News!

Alda Barron and Isabel Mello were featured in an article in the Falmouth Enterprise in June. The sisters taught a class at Highfield Hall on how to cook Portuguese comfort food.



*Alda Barron and Isabel Mello*

The theme of their class was “cooking from the heart.” They prepared: a red bean and kale soup, spring peas with chourico and poached eggs, and for dessert a yummy custard dish called Natas do Ceu (Heavenly Cream).

Isabel said, “The basics of Portuguese food are onions and garlic.” For the soup they traveled to Fall River to get authentic chourico sausage at the Portugalia Market. Alda said, “We knew a young girl was ready for marriage, when she was able to slice the kale ever so thin for the red bean soup.”



In addition to great recipes, they shared a little Portuguese history. In the early 1900's ladies wore capes to church to protect themselves from the Azores winds. The little vase remembers that time.



Briggs-McDermott Planting

# 2021 Summer



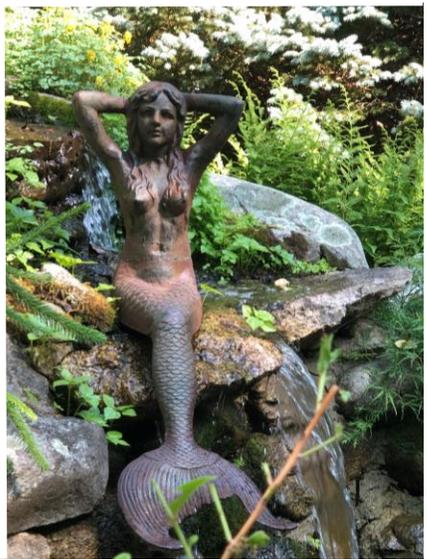
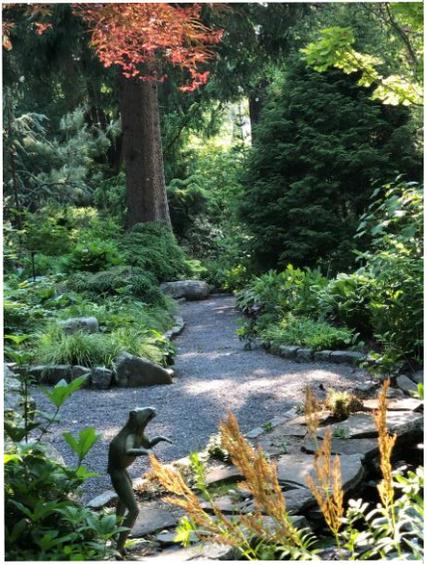
Aptucket  
Trading  
Post Visitor



Cochato Nursery  
Field Trip



Climbing  
Hydrangea



**Art In Bloom**

In July, seven of our club members presented lovely arrangements at the Art In Bloom show at the Heritage Gardens. Here are their presentations and what inspired them.



**Sally Baer**

*Painting to Needlework to Floral Design*



**Alda Barron**

*Holding Hands Around the World*



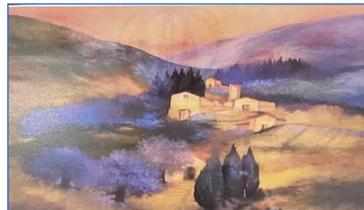
**Bobbie Lingard**

*Art of the Written Word*



**Darlene Chicosky**

*Summer in Tuscany*





**Paula O'Neil**  
*Bridge in the Rain,*  
*Vincent Van Gogh*



**Judy Sheehy**  
*Gloucester graphic by her Grandson*



**Carolee Packard**  
*Night Sky by her*  
*Grandchild*



**Horticulture Submissions**  
**By Carolee Packard**



*Tiger Lily*



*Dahlia*



*Marigold*

The show was delightful! We have so many creative members. It is a joy to see them *paint with flowers*.

## Looking Ahead - AGC September Events

<p><b>September 15 Garden Therapy</b></p>	<p>10:00 AM Cape Cod Nursing Home</p>
<p><b>September 15 Evening Meeting</b> Bourne United Methodist Church</p>  <p style="text-align: center;">Sally Zeghibe</p>	<p>5:30 PM Social 6:45 Meeting <b>Horticulture: Seed Collecting &amp; Storage</b> Learn techniques for collecting and storing seeds from your summer annuals and perennials.</p> <p><b>Program: Floral Design in Memory of Sally Zeghibe</b> Our special presenter is Bobbie Lingard. Bobbie is a master flower show judge, designer extraordinaire and longtime AGC member. She will show us new design techniques currently in vogue. Then she will review two designs done by members with the judging criteria used at standard flower shows. This is a program not to be missed!</p> <p>Hospitality Chair: Pat Nemeth Committee: Barbara Fallon, Dorothy Haney, Deanna Waldron and Gretchen Woodruff Social Theme and Colors: Autumn Equinox in reds and oranges</p>
<p><b>Date &amp; Time TBD</b> Bobbie Dwyer's Home</p>	<p><b>Hydrangea Wreath Workshop</b> Bring your hydrangeas and the rest will be supplied for a small fee. Details will follow in an email from Kathy Sargent-O'Neill.</p>

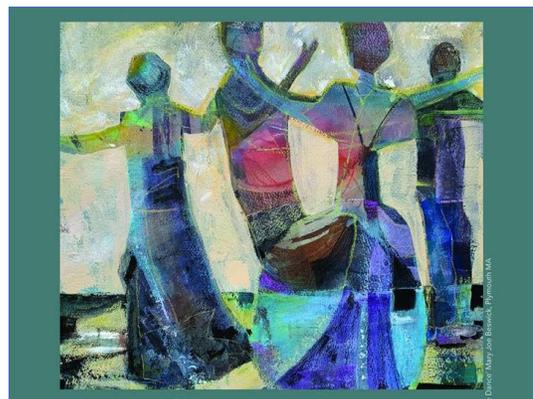
### Art In Bloom – October 8-11 Plymouth Center for the Arts

The Plymouth Center of the Arts 54<sup>th</sup> Art Show and Festival includes a non-judged **Art In Bloom** show. This is a fun festival, at a wonderful venue!

Late in September, you will choose one of the art pieces on display. Then on October 8, you will set up your floral display. Many of our club members have participated in the past and would recommend the experience. Interpreting your selected work of art into a floral arrangement is a wonderful and rewarding creativity endeavor!

Please contact Judy Sheehy to sign up for this fun event at [sagamore4554@gmail.com](mailto:sagamore4554@gmail.com)

### 54<sup>th</sup> Annual Art Show & Festival September 18 – November 6

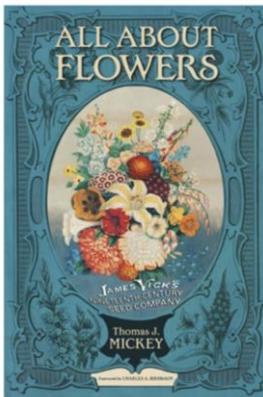




## Book Review Corner

### **All About Flowers: James Vick's Nineteenth-Century Seed Company**

By: Dr. Thomas J. Mickey



James Vick (1818-82)



Flowers on the table are always a touch of class. They tell the story of the seasons and often the story of what is blooming in our yards. This tradition has a long history that includes not only what we like to raise, but also the business behind the supply chain.

**All About Flowers** explores the history of the flowers we commonly grow in America, by telling the story of James Vick. Mr. Vick developed one of America's first commercial seed companies, that grew, dried, packaged, and shipped seeds around the country.

Vick's career began in journalism. He was the editor of Frederick Douglass's anti-slavery newspaper, "The North Star." He began his seed business in 1853, in Rochester, New York, where he established a seed store and nursery. In 1862 he began publishing *Vick's Garden and Floral Guide*, which was one of the first gardening magazines. By 1870, he was sending out over 150,000 catalogues a year; he had a staff of 100; and over 75 acres of seed gardens.

*"Gardening at the home took off after 1850 in America. Before that period only the wealthy had sufficient property and means to think about landscaping. In the latter half of the 19th century, a new economy created more middle-class jobs and incomes. People moved from farms to be closer to cities, and middle-class families could afford a house with both a vegetable garden and a flower garden."* – Thomas Mickey

Vick was an accomplished horticulturist, entrepreneur, author, and marketing master. Our gardens are full of flowers advanced by the Vick's Seed Company, such as petunias, phlox, geraniums, impatiens, and marigolds. Vick said his main desire was "to create a taste for the beautiful in gardening, and a true love of flowers among the people."

The Vick Seed Company continued into the 20<sup>th</sup> Century when it was bought by Burpee Seed Company. **All About Flowers** is an interesting journey into the business of gardening in America and into the life of a man who loved flowers. I give it 4 Stars. – Pat Nemeth

## Interesting Plant Story: A Concord Grape Bush



### Sharing a Little MAGIC!

This summer a little magic happened at the Briggs-McDermott House. The Concord Grape bush planted in the Kitchen Garden back in the 1980's had a baby.

"Mom" is about 5 feet tall. She grows over a simple fence. She has survived many a tough winter. Two years ago, a Nor-easter blew her down and we worried she might have seen her end. But no! And now she has had a baby!



A little bird may have carried a seed or two across the parking lot. Then a seedling began to grow up the adjacent tree. And "Baby" grew and grew and grew! Until now its fruit hang down on 30-foot-long vines!

One can only guess how long the plant has been growing up the tree. Mother Nature works in wonderous ways! What a special surprise!



### Message from the President

*Hi Ladies,*

*We dodged the bullet of Hurricane Henri; but we still need the rain. So, I will continue to water my evergreens that need the extra H2O.*

*These hot and humid days have inspired me to review my garden. Instead of pulling weeds, I have been taking stock of what worked and what didn't. And for me, SIMPLIFY, is the word of the day.*

*This reminds me of when I first toured Sylvia Wahl's magnificent garden. She was just starting on this road. I asked her why. And she said, "It's time, to do more watching and less work."*

*I agree! It is time for more fabulous shrubs and hostas, versus the many perennials that need a lot of care. Fall is a great time to move things around and get ready for spring.*

*In our final year, the Board has put together a great calendar of programs and workshops. I am hoping that 'Delta' won't throw a wrench in our way. Please wear your mask as needed, stay safe and healthy, and watch your eblasts for any change in locational venue and protocols.*

*Happy Gardening!  
Sally Baer*

**The Aptucket Garden Club of Bourne is a member of the Southeastern District of the Garden Club Federation of Massachusetts, the New England Garden Clubs and the National Garden Clubs, Inc.**

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