

# Aptucxet Garden Club of Bourne

*As the Garden grows, so shall the Gardener*

Monthly Newsletter

October 2019

## September

Our President Laura Bergeron created this lovely exhibit about our Aptucxet Garden Club for our library. Thank you, Laura! You make all of us proud of the work we do for the community.



## Day and Evening Meetings

Committee Chairs described the opportunities for service in each of the committees. Giving back is what we do! If you haven't signed up yet, please do so. We are a club of "worker bees" making our gardens grow.

**Special Recognition** goes to Marilyn Crane for producing the new Yearbook for FY 2019-2020. It is such a valuable resource for all of us. Thank you Marilyn for all your hard work!

*There is always music amongst the trees in the garden; but, our hearts must be very quiet to hear it. – Minnie Aumonier*

## Summer Garden Visits

One of the most enjoyable club activities are the Summer Garden Visits. This program was started three years ago by Cheryl Keown. This summer there were 11 garden visits. Four visits were to gardens that had been visited before, to see what new challenges occurred.

On average about ten club members went to each garden. While both hosts and visitors received a lot of new gardening knowledge from these visits, many said that the opportunity to build on friendships over time was the greatest benefit. How nice is that!

The last visit was a special "Thank You Party" for Cheryl. Connie Spilhaus hosted the event at her home. As you can see, the turnout was wonderful and Cheryl was touched by the appreciation.



*Many thanks to Cheryl for a wonderful program!*

## September Program Highlights

The September Day Meeting saw a full house as many friends reconnected after the summer!



### Hollyhocks

Karen Cronburg kicked off the year's horticultural program with the theme *My Favorite Things*. Karen planted these gorgeous hollyhocks at the Cataumet Post Office.

Hollyhocks are an "old fashioned" flower. They were very popular in Colonial and Victorian times. They bloom all summer long and grow to over 8 feet!

This plant is native to China. It was imported to England in the 16<sup>th</sup> century. It is a biennial perennial. It comes in a variety of colors from white to dark burgundy. It is easy to grow. It likes sunshine and space, and may need staking.



### Artistic Design

Judy Sheehy and Sally Zeghibe presented two floral designs. They invited interested club members to sign up for small committee classes on floral design.

Sally talked about the importance of negative space; and Judy talked about rhythm as a design principal.



Sally lovingly arranged gladiolas and roses in a traditional "fan" design.



Judy took her flowers over to the Library to brighten the foyer.

## A Love of Gardening & History

This is the story of an amazing little Kitchen Garden. The Kitchen Garden is at the historic Briggs-McDermott House.

Back in the mid 1970's, the house was about to be demolished, when a group of concerned citizens worked to save the house and register it with the Massachusetts Historical Commission. Restoring the house and the gardens has been a labor of love ever since.



Creeping Thyme for asthma & high blood pressure

## AGC Adopts the Gardens

AGC members Jackie Lane and Laurie York were the initial gardeners. Jackie designed the Flower Garden and installed the fence. The garden was very Victorian.

Laurie designed the Kitchen Garden. The Briggs-McDermott property was once a large farm. The Kitchen Garden was for quick access to herbs for food, medicine and fragrances. The pictures show some of the plants in the garden and note their uses.



Clove Pinks to flavor medicine



Pot Marigold for cooking & as a hair rinse for golden highlights



Laurie York at 95



Tansy to keep ants away



Fenugreek syrup for minor illness

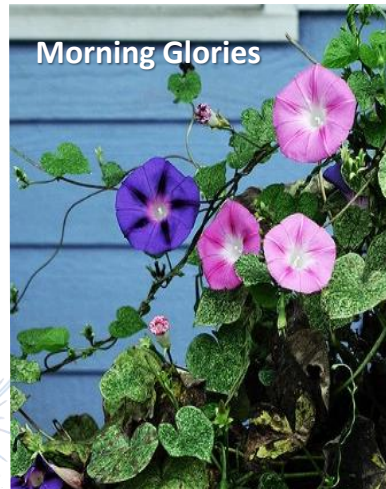


Red Concord grapes

In the 1980s, there was a House and Garden Tour on the Cape. AGC got into high gear to plant the two gardens and to be ready for the tour.

Laurie did a lot of research on what plants would be found in a Victorian kitchen garden. She built a small stone path and planted herbs and vegetables. A grape vine was donated and morning glories framed the kitchen door.

The Briggs-McDermott gardens won 1<sup>st</sup> place!



Morning Glories



Borage for many medicinal uses, including seed oil for eczema



Lavender for fragrances



Many Thanks to Judy Loomis & Barbara Daniels who have cared for the garden for over 10 years!

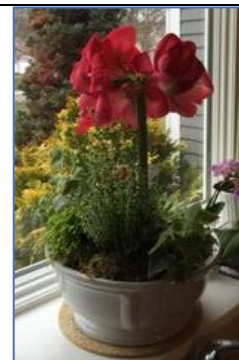
*Postscript: It was a real pleasure to interview Laurie York for this article. I learned a lot about herbs from her book, [A Potpourri of Herb Gardening Workshops](#). Laurie and I talked about how nice AGC was. I said I was impressed by how intelligent and kind the ladies were. Laurie said, "It comes from being Gardeners." And I know she is right! - Pat Nemeth*

# Looking Ahead

October Calendar	
8	<b>3:00 PM Garden Therapy</b> Cape Cod Senior Residences
8	<b>10:00 AM Hypertufa Making Workshop ... <a href="#">Sign up for this workshop</a></b> At Bobbie Dwyer's Home, 65 Gilder Road, Bourne
16	<b>10:00 AM Garden Therapy</b> Bourne Manor
21	<b>10:45 AM Board Meeting</b> <b>12:00 PM Tea</b> <b>President's Reception for South East District Presidents</b> <b>12:30 PM Joint Meeting</b>  <b>Horticulture: <i>My Favorite Things</i> by Karen Cronburg</b>  <b>Program: <i>Landscape of Sherborn Fame</i> by Wes Wirth, Landscape Architect.</b>
	<b>Hospitality Chair:</b> Isabel Melo <b>Committee:</b> Alda Barron, Karen Cronburg, Lee Drugan, Amy Fenton, Paula O'Neil, Judy Sheehy & Linda Wagner <b>Theme:</b> Anniversaries
24	 <b>9:00 AM Bow Making Workshop ... <a href="#">Sign up for this workshop</a></b> At Jane Urso's Home, 6 Tecumseh Road, Sagamore Beach
30	<b>GCFM Fall Conference ... 8:00 AM – 3:00 PM, Registration \$60.</b> Dedham Hilton, 25 Allied Drive Dedham, MA

## Amaryllis Dish Garden Workshop

At our November evening meeting, there will be an Amaryllis Dish Garden Workshop. We will create a dish garden with a mini amaryllis and two small green plants, such as ivy or fern. The club will provide all the plant material, bulbs and soil. All you have to provide is a container about 10" to 12" in diameter, 5" to 6" in depth, and with no holes in the bottom. The cost will be \$25.00 and pre-registration is required. To register e-mail or call [Betsy.woodley95@gmail.com](mailto:Betsy.woodley95@gmail.com) or 617-480-2789.



## AGC Awards Two Scholarships!

At our September meeting, Chris Crane announced the award of two \$1,000 scholarships. The two high school seniors are Nicole Waldron and William Maginnis. Nicole will be majoring in Environmental Science at Elon University, in North Carolina. William will be majoring in Agriculture at the University of Massachusetts. William also won our \$500 Toolship award.

## Interesting Plant Facts

### A Year in the Life of a Cranberry

January – March



Cranberry fields are flooded and covered with sand to protect the crops.

April – June



The blossom season and pollination begins in June.

July – September



By late August, the berries are starting to “blush”.

October – December



By the end of October, 95% of the berries will be harvested.

Source: Cape Cod Cranberry Growers Association

The Cape Cod Cranberry Growers Association hosts a delightful array of cranberry recipes. See [www.cranberries.org](http://www.cranberries.org) October is also a great month to tour a cranberry bog. Here are a few local tours.

- A.D. Makepeace Co, Wareham, [www.admakepeace.com](http://www.admakepeace.com)
- Flax Pond Farms, Carver, [www.flaxpondfarms.com](http://www.flaxpondfarms.com)
- Cape Cod Cranberry Bog Tours, Orleans [www.capecodcranberrybogtours.com](http://www.capecodcranberrybogtours.com)



### Message from the President

*We still enjoy sunny days; but the nights are starting to get cooler. Autumn is on its way. We can enjoy the last vestiges of our gardens before the frost comes. At the grocery stores the pumpkins and mums are showing off their colors. Soon the leaves on the trees will be changing from greens to oranges, reds and yellow. It happens every year, doesn't it?*

*As much as I enjoy autumn, I still love the idea of plants growing rather than going dormant or dying. When I walked into my backyard the other day I noticed this little morning glory with light emitting from its center. So little friend, I'll gather your seeds and plant you again next year!*



- Laura Bergeron

**Aptucxet Garden Club of Bourne is a member of the Southeastern District of Garden Club Federation of Massachusetts, New England Region Garden and National Garden Clubs, Inc.**

Newsletter Editor Pat Nemeth [pat.nemeth@hotmail.com](mailto:pat.nemeth@hotmail.com)  
Visit the Aptucxet Garden Club Website [www.aprucxetgardenclub.com](http://www.aprucxetgardenclub.com)