

Aptucket Garden Club of Bourne

As the Garden grows, so shall the Gardener

Monthly Newsletter November 2019

October Meeting – Presidents’ Reception

AGC hosted this year’s annual luncheon for the Presidents of the SE District of the Garden Club Federation of Massachusetts. The luncheon was a delightful success. We had guests from the GCFM and representatives from the garden clubs of: Bridgewater, Falmouth, Hyannis, Lakeville, Osterville, Plymouth, Plymouth Evening, Somerset and Wareham.



Wes Wirth

Landscape Architect Wes Wirth gave a very thoughtful presentation on how to plant a garden that is “self-sustainable.” Wes took us on a journey that explored our “one system” connection with nature. He shared with us photos of his Blue Whale sculpture.



The sculpture is 100 feet long and hangs from five trees. The reflective surfaces move with the light and sing with the wind.

Connection with gardens, even small ones, even potted plants, can become windows to the inner life. The simple act of stopping and looking at the beauty around us can be prayer. – Patricia Barrett

Special Recognition to the Hospitality Committee for the Presidents’ Luncheon

How can everything be perfect? Well, it was!



The Hospitality Committee

Paula O’Neil, Isabel Melo, Amy Fenton, Karen Cronburg, Lee Drugan and Linda Wagner (Also not in picture Alda Barron and Judy Sheehy)

The Hospitality Committee produced a beautiful luncheon. Kudos to each member for all their hard work! The food was delicious, the tables looked wonderful with the red cabbage based floral arrangements, and even the cookie bags were works of art!



Cookie bags by Susan O’Brien

October Activities



Hypertufa Workshop Fun!

Plymouth Art in Bloom Flower Show



Floral Design by Laura Bergeron and Darlene Chickowsky



*Floral Design by Judy Sheehy
Congratulations on the Merit Award!*



Calling All Hands! GREEN & BAKE SALE!

Our Green and Bake Sale is just around the corner. We have lots of work to do. Sign up at the October and November meetings.

BOXWOOD TREES WORKSHOP & Mugs Assembling

Saturday November 30, 9:00 AM to 12:00 PM
25 Michael Road, Pocasset

WREATH WORKSHOP

Tuesday December 3, 10:00 AM to 3:00 PM
Pocasset Community Building

CENTERPIECE WORKSHOP

Thursday December 5, 6:30 PM
Bourne Methodist Church

We will need lots of greens (no holly) for the wreaths, centerpieces and mugs. Please note that Oasis Wreaths will be for sale for \$7 each at the November meeting.

Thank you! Ways and Means Co-Chairs,
Jayne Urso and Alda Barron

2 Rain Barrels for Sale - \$50 each

Rain barrels are a great way to conserve water and reduce storm water runoff. Rain water is free from minerals and chemicals such as chlorine, fluoride, and calcium. Rain water is considered ideal for watering plants or washing cars and windows. Contact Sally Baer at sallybrighambaer@gmail.com to purchase and arrange pick up.





Leadership Honored – Our AGC Presidents

Back row from the left: Carolee Packard, Bobbie Dwyer, Laura Bergeron, Helen Farrington, Jody Bolton and Cynthia Smith; Left front row: Judy Sheehy, Joan O'Brien; Absent: Kathy Sargent O'Neil and Meredith Chase





Guests from Garden Club Federation of Massachusetts

From the left: 1st VP Jill Malcolm, President Bonnie Rosenthal and SE District Director Majorie Dienhart (AGC Member)

Looking Ahead

November Calendar	
18	<p>10:45 AM Board Meeting 12:00 PM Tea 12:30 PM Day Meeting</p> <ul style="list-style-type: none"> + Artistic Design: Lighting Your Way by Sally Zeghibe, a lantern and candle design + Horticulture: My Favorite Things by Karen Cronburg + Program: Climate Change, Sea Level Rise & Cape Cod by Jo Anne Muramoto from the Association to Preserve Cape Cod. <p>Hospitality Chair: Kathy Sargent O'Neill Committee: Sally Curtin, Marjorie Dienhart, Elizabeth Ferris and Cindy Hurley Theme: Gatherings</p>
20	<p>10:00 AM Garden Therapy Cape Cod Nursing Home</p>
20	<p>6:30 PM Social 6:45 PM Evening Meeting</p> <ul style="list-style-type: none"> + Horticulture: Ground Covers, May I have more, Please by Ellen Hammond + Program: Amaryllis Dish Garden Workshop by Betsy Woodley. Bring your own container. The club will provide premium Amaryllis bulb and other materials. Start your Amaryllis now to be in bloom for Christmas! Cost: \$25 per person. <p>Hospitality Chair: Janet Clay Committee: Dorothy Haney, Chris Crane and Marilyn Crane</p>
30	<p>9:00 AM – 12:00 PM Boxwood Tree Workshop 25 Michael Road, Pocasset</p>

		<p>The amaryllis is named after the shepherdess referred to in Virgil's <i>Eclogues</i>. The name comes from the Greek word meaning "dazzling."</p> <p>The species is called Belladonna, an Italian word that means "beautiful lady." It is native to the rocky Western Cape coastal region of South Africa.</p> <p>Each bulb produces one or two stems, with a cluster of two to twelve flowers.</p>
<p>Spotlight Samba</p> <p style="text-align: center;">Amaryllis</p>		

Favorite Salad from Our September Potluck

Kathy Sargent O'Neill made a Quinoa salad that was a great hit at our September potluck. Quinoa is an ancient grain from the Amaranth family. It is native to the Andes mountain range. Here is KSO's recipe.



Quinoa

Ingredients

1 cup quinoa, ¾ cup boiling water, 6 tbsp. EVO, 2 cups each of lightly packed parsley and cilantro leaves, 2 ounces baby arugula coarsely chopped (~ 2 cups), 4 scallions thinly sliced, ½ cup toasted and chopped pistachios, 3 tbsp. dried cranberries or currants, 2 tsp. pickle brine, ½ tsp. each of cumin, salt, pepper, ¼ cup coarsely chopped Kalamata olives

In a large bowl combine quinoa, cranberries, boiling water and 1 tbsp. EVO. Cover and let sit for 10 minutes. In a blender combine cilantro, parsley, rest of EVO, brine and ¼ tsp. salt, until a smooth paste forms. Stir paste and remaining ingredients into quinoa and let sit for 10 minutes. Serve at room temperature.



Nominating Committee

An evening member volunteer is needed for the Nominating Committee. If you are interested, please contact Laura Bergeron at lbergeron@pdps.com



Caring & Sharing

At the Jonathan Bourne Public Library

Once again we are invited to donate a decorated table top tree to the Silent Charity Auction at the library. This is a wonderful way to benefit your favorite charity. If you are interested, please contact Laura Bergeron for more information. Donations are to be delivered to the library Nov 21 (5 – 8 PM), Nov 22 (9 AM – Noon) and Nov 23 (9 – 11 AM).



Taking a Journey Into a Good Gardening Book

Here comes winter and a wonderful time for reading!

Do you have a favorite gardening book that you would like to tell other club members about? If yes, please send Pat Nemeth, the title and author and what you particularly liked about the book. Even a photo would be great.

We are a diverse group of individuals with a broad range of interests. Your favorite book could be anything from a book on: gardening advice, floral design, poetry, nature, landscape architecture, different types of plants and tools, medicinal uses and so on. Please contact Pat at pat.nemeth@hotmail.com

Interesting Plant Facts

Rare & Endangered Plants in Massachusetts

There are 258 listed Rare and Endangered plants in Massachusetts. Three of these plants are also on the Federal list, i.e. Northeastern Bulrush, Small Worlded Pogonia, and Sandplain Gerardia.



Sandplain Gerardia (*Agalinis Acuta*)

The Sandplain Gerardia historically grew in 24 populations on Cape Cod, Nantucket and Martha's Vineyard. Its decline was so complete that it was thought extinct in the state until rediscovered on Cape Cod in 1980. When placed on the endangered species list in 1988, just two populations were known in historic cemeteries in Sandwich and Falmouth. A third population was discovered on Martha's Vineyard in 1994.

Sandplain Gerardia is a hemiparasitic plant. It lives in sandy open spaces. This type of habitat was historically maintained by grazing livestock. The plant is an annual herb with a light green stem. It grows 4 to 8 inches tall, with purplish-pink bell shaped flowers that are about 1 inch wide. Flowers occur late summer and early fall, and often last for only one day.

May you be lucky enough to see one!



Message from the President

Fall is clean up time, and although my house needs it, I prefer working in the garden. First, I pick up all the branches and fallen plants. I don't rake or turn the soil; the leaf cover protects my perennials. If there are seed heads, I sprinkle some of the seeds in the garden and save the rest for next year. Next, I gather some old pods, like Iris, Hosta and Rose of Sharon pods. Any hydrangeas still in bloom I'll cut and put in water in the hope that their heads will dry out. I use the pods and hydrangeas in fall and winter arrangements. For the fall I keep their brown colors; but with Christmas - I'm dangerous with a can of gold spray paint! Lastly, I like to leave some seed heads for the birds as this picture shows. Now my garden is tidy and ready for winter! Gee, I wish I were!



- *Laura Bergeron*

Aptucxet Garden Club of Bourne is a member of the Southeastern District of Garden Club Federation of Massachusetts, New England Garden Clubs and National Garden Clubs, Inc.

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