

# Aptucxet Garden Club of Bourne

*As the Garden grows, so shall the Gardener*

## Monthly Newsletter April 2019

### March Evening Meeting



**Kristen Thorkelson, Photographer**

Our program speaker shared with us many tips on how to take better photos in our gardens. See a summary of her suggestions on the following page.

**Behold, my friends, the Spring is come; the earth has gladly received the embraces of the sun; and we shall soon see the results of their love. – Sitting Bull**

**Vote** On AGC By-Laws at April Meeting

Changes to the By-Laws have been sent to all members. The changes will make the By-Laws gender neutral and will update various provisions on membership.

### March Day Meeting

Karen Cronberg gave a nice presentation on getting ready for Spring.

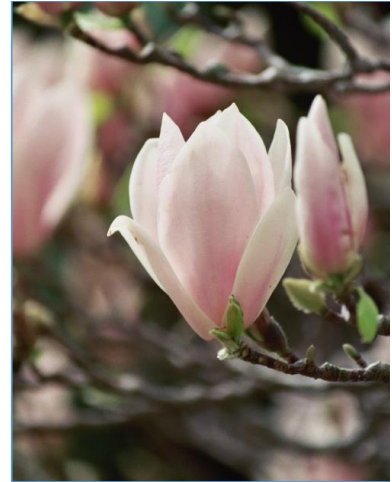
Isabel Melo made a beautiful parallel design that was truly inspired by Spring!

Happy 85<sup>th</sup> Birthday to Laurie York!

**Garden Photograph**  
*Tips from Kristen Thorkelson*  
Photos from Pat Nemeth

*Photography is painting with light.*

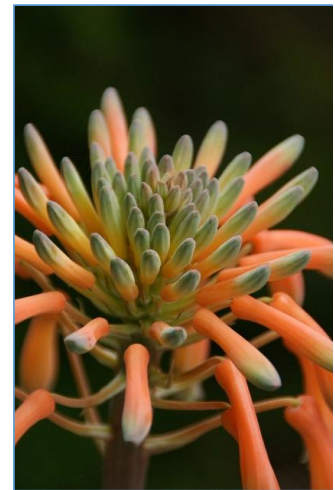
*Think about the story you are trying to tell with the picture.*



*The best light for photography is early morning or late afternoon. (Pat: Or right after it has rained.)*

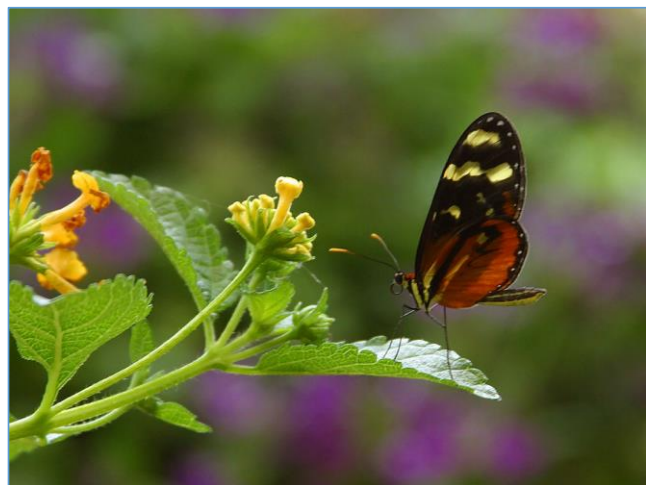
*Know where your light is coming from.*

*Don't be afraid to get close.*



*Composition begins by seeing your photo as a grid. What is right in the middle is often static & less dynamic.*

*Sometimes you just have to wait for it!*







**Heritage Museum & Gardens  
Celebrating 50 Years!**

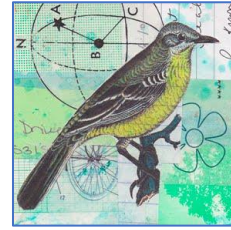
Opening day is April 27<sup>th</sup>, from 10:00 am to 5:00 pm. Enjoy our local treasure!



**How Does YOUR Garden Grow?**

Do you have any problems in your garden? Would you like a small group of your fellow AGC members to visit your garden and answer your questions? Would you like to visit other members' gardens?

If so, e-mail club member Cheryl Keown at [cherylkeown@jayebee.com](mailto:cherylkeown@jayebee.com) or sign up at the next club meeting. Last summer's visits were a huge success. We all learned a lot and enjoyed each visit! Visits are about an hour long and will be scheduled from May through October of 2019. For more details, call or text Cheryl at 646-283-1498.



**AGC Crafts & Treasures Fair  
Aptucket Trading Post, June 15, 10:00 – 3:00**

**Ready, set, sign up to participate & have fun!**

Twelve tables are planned with fun things to sell. See what is of interest to you. Items for sale can be hand-made or items you wish to donate.

Tables with Team Captains:

1. [Resin Art](#) w/ Jayne Urso
2. [Nautical Treasures](#) w/ Bobbie Dwyer
3. [Hypertufas](#) w/ Isabel Melo
4. [Birdhouses](#) w/ Dawn Labenski
5. [Garden Tools & Books](#) w/ Alda Barron
6. [Wreaths & Swags](#) w/ Paula O'Neil
7. [Centerpieces](#) w/ Judy Sheehy
8. [Jewelry](#) w/ Marilyn Crane
9. [Sachets & Flags](#) w/ Pam Matheson
10. [White Elephant](#) w/ Lee Drugan
11. [Baked Goods](#) w/ Julie Saunders & Kit Nelson
12. [Seeds & Plants](#) w/ Karen Cronburg

Please contact any Team Captain with articles to donate or if you are willing to sit at their table. Also, if you are interested in helping to make some of the items, workshops will be announced for some of the tables. If you have any questions, please contact Sally Baer or Alda Barron.

Our Craft & Treasures Fair will occur in partnership with the Annual Strawberry Festival at the Aptucket Trading Post. In addition to strawberry shortcake and other food for sale, there will also be an antique car show.



# Looking Ahead

April Calendar	
4-7	<b>Rhode Island Home &amp; Flower Show</b> Rhode Island Convention Center
9	<b>3:00 PM Garden Therapy</b> Cape Cod Senior Residence
10	<b>5:30 PM Board Meeting</b> <b>6:30 PM Social</b> <b>6:45 PM Joint Evening Meeting</b> <b>Program:</b> <ul style="list-style-type: none"> <li>✚ <b>By Laws Vote</b></li> <li>✚ <b>“Get in Shape, without the Gym”</b> by Carolee Packard, Past President At this hands-on workshop, participants will experiment with basic principles of design elements for flower shows.</li> </ul>
	<b>Tea Chair:</b> Pam Matheson <b>Committee:</b> Louise Dawson, Lee Dougan, Melessa Fox, Denise Long & Isabel Melo <b>Décor Theme:</b> Spring has Sprung
17	<b>10:00 AM Garden Therapy</b> Cape Cod Nursing Home
25	<b>SE District Annual Meeting</b> Coonamessett Inn, Falmouth
26	<b>Arbor Day!</b> Celebrate the care, planting and conservation of trees.
27-29	<b>Art In Bloom</b> Museum of Fine Art, Boston



**Happy Earth Day, April 22, 2019**

In honor of Earth Day, please take some time to pick up road side trash. The Town of Bourne does not pick up this liter. Mother Nature thanks you!



### Interesting Plant Facts

#### Amaranth Seeds are a NASA Winner

Amaranth is a native to North America. It has been a cultivated grain for 8,000 years. It is a rich source of protein. This nutritional food is especially good for pregnant women and children. The folks at NASA know its value and recommend Amaranth as one of the most nutritional foods to be taken on space missions.

Amaranth seeds are easy to cook and tasty. Young Amaranth leaves are also delicious in salads. Native Americans have been eating Amaranth seeds for thousands of years. To this day, Amaranth grains are toasted much like popcorn and mixed with honey, molasses, or chocolate to make a treat called *alegría*, meaning *joy* in Spanish.



4 Types of Amaranth: Coral Fountain, Emerald Tassels, Love Lies Bleeding & Red Garnet

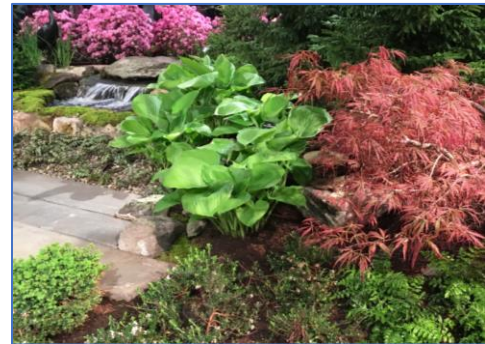
Just for fun, Amaranth seeds (for both planting & eating) will be raffled off at the April meeting.



### Message from the President

*Every year I look forward to going to the Boston Flower Show. The event happens in March and reminds me that spring is not that far away. When I walk through the ticket gate I get to see colorful flowers again and smell the fresh mulch!*

*I love walking around the landscape displays and enjoy seeing all flower arrangements; but my favorite part is the shopping! I do have to pace myself so that nothing is too heavy to walk around with. This year I did manage to walk around with a rake tool. I guess I'll never learn!*



*Enjoy!  
Laura Bergeron*

**Aptucxet Garden Club of Bourne is a member of the Southeastern District of Garden Club Federation of Massachusetts, New England Region Garden and National Garden Clubs, Inc.**

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